

BenchPress

<https://wpdemo.net/demos/plugins/benchpress>

BenchPress is a WordPress® plugin for benchmarking PHP code snippets, WordPress® queries, and other critical operations.

It's designed to help developers evaluate and optimize code performance by running benchmarks and capturing snapshots for later comparison.

Usage

Once installed and configured, you can run benchmarks, view results, and save snapshots for later reference:

Running Benchmarks: Navigate to BenchPress in your WordPress® admin menu. Click Refresh Tests to run all enabled benchmarks and view results. **Saving Snapshots:** On the main BenchPress page, click Save Snapshot to save a record of the current benchmark results. **Viewing Snapshots:** Go to BenchPress > Snapshots to view all saved snapshots. Each snapshot can be viewed, downloaded, or deleted.

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