BackWPup

https://wpdemo.net/demos/plugins/backwpup

We are happy to announce that BackWPup recently broke the 10 million download mark! To celebrate, we offer a 30% discount on BackWPup Pro. Only valid until June 30th, 2020.

The backup plugin BackWPup can be used to save your complete installation including /wp-content/ and push them to an external Backup Service, like Dropbox, S3, FTP and many more, see list below. With a single backup .zip file you are able to easily restore an installation. Please understand: this free version will not be supported as good as the BackWPup Pro version. With our premium version you get first class support and more features.