

Backup by Migrate/Backup Bliss

<https://wpdemo.net/demos/plugins/backup-backup>

With Backup by Migrate/Backup Bliss creating a backup of your site has never been easier!

Simply install the plugin, click on “Create backup now” – done.

You can also schedule backups, e.g. define that a backup should be taken automatically every week (or every day/month).

Use a wide choice of configuration options:

- Define exactly which files / databases should be in the backup, which not
- Define where the backup will be stored (as of now, only local option is available, but we'll expand this soon)
- Define what name your backup should have, in which instances you should receive a notification email, and much more

This plugin is also ideal if you want to migrate your site to another host.